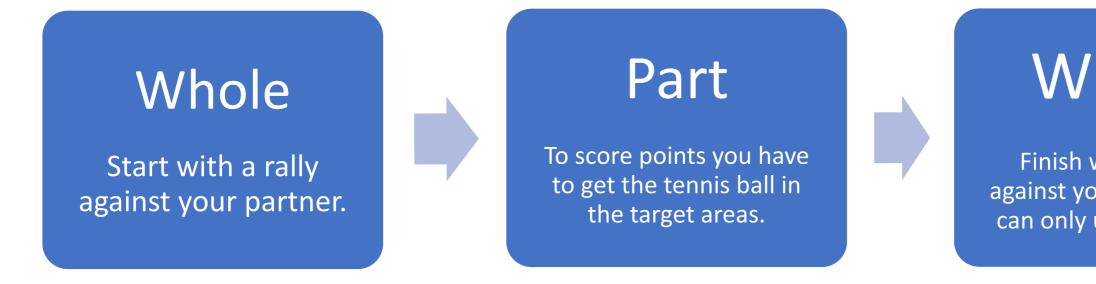
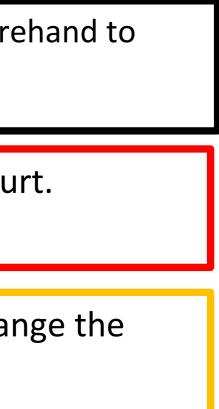
Learning Outcome: Develop ability to change the point of attack using the forehand to exploit space and score points by doing this.

Level 1: You will be able to play forehands into different areas of the court.

Level 2: You will be attack spaces within the court using forehand to change the attack and move the opponent around.

Level 3: You will recognise where to attack, using the forehand, in relation to your opponent and have a 70% success rate e.g. 7 out of 10 points.





Whole

Finish with a match against your partner, you can only use forehands.